



## Pre-Sedation Instructions

**You must:** *(continued)*

- Wear loose fitting comfortable clothing, preferably short sleeves, to allow easy access to your arms and torso for IV placement and attachment of monitoring equipment. All heavy sweatshirts or coats should be removed.
- Remove all fingernail polish prior to your appointment.
- Remove all jewelry prior to your appointment. All oral and facial piercings should also be removed.
- Use the restroom (empty your bladder) just prior to surgery.
- Remove eyeglasses, contact lenses, dentures or partial dentures prior to surgery. The assistant will arrange for safekeeping.

**Following your procedure, you must:**

- Not leave the practice by taxi or bus. **DO NOT** drive a car, operate any machinery or undertake responsible business decisions the same day.
- Plan not to go back to work or school for the rest of the day.
- Refrain from physical activities that require balance or coordination during the first 24 hours after sedation.
- Not consume alcohol or other drugs that may accentuate the affects of the sedation drugs following your procedure.

