

## **Obstructive Sleep Apnea FAQ's**

### **How am I diagnosed with OSA?**

Your dentist will have you complete a sleep apnea questionnaire and determine if you should be referred to a sleep physician for diagnosis and determination of the treatment option best suited to your needs.

### **Does insurance cover diagnosis and treatment?**

Sleep apnea coverage is determined by your **Medical Insurance** plan. We advise you to contact your medical insurance carrier to confirm coverage and benefits.

### **How much does diagnosis and treatment cost?**

Costs vary based upon insurance coverage and treatment method recommended. Check with your medical insurance carrier to determine coverage. An estimate of your costs will be provided by your sleep physician or dentist based upon the recommended treatment.

### **Do I need to see my primary care physician before seeing a sleep physician?**

A referral from a primary care physician is not necessary but may be required by your medical insurance for coverage. Check with your carrier to determine requirements.